

MYCARE - ASSISTED LIVING AT SHORELINE SIBAYA

APPENDIX III

ASSISTED LIVING CARE SERVICES TO BE RENDERED BY MYCARE AT SHORELINE SIBAYA

Fees are payable for this service. It will be for the individuals own account. This service could be requested by the individual, their treating Doctor or a family member responsible for the individual.

Definition of Assisted Living

Assisted Living refers to a building or structure with safe and accessible accommodation where a variety of supporting services are offered to enable residents to live independently for as long as possible.

Assisted Living accommodation is for persons who want to scale down and simplify their lives and/or for those who choose to live in an environment where care and support services are readily available.

The following services will be rendered by MyCare to residents occupying Assisted Living Units

Services offered under Annexure A and B forms part of basic services to someone requiring Assisted Living

1. Prevention and Wellness Promotion

1.1 Monitoring of health and lifestyle

- Signs and symptoms of disease
- Activities of daily living
- Hygiene
- Nutrition
- Medication
- Mobility
- Hearing
- Vision
- Dentistry
- Social and psychological adjustment
- Socialising
- Relaxation

1.2 Access to basic support services

- 1 to 3 meals daily – (meals will be provided by food and beverage provider)
- Domestic cleaning service
- Laundry service
- Personal support – physical and/or emotional

MYCARE - ASSISTED LIVING AT SHORELINE SIBAYA

1.3 Clinic services as described in Annexure A and B

1.4 Access to home care services

1.5 Admin requirements

- Individual record system which highlight risks
- Individualised care plans for each resident in Assisted Living
- Monitoring database with relevant information to use in time of crisis